



February 2021

Hello, CFN Members,

We hope you are faring well with winter in full force. Lean on CFN to get you through this cold, snowy February. This month connect with other CFN parents in the newly renamed Tinyhood subgroups and at two virtual social events. Celebrate Valentine's Day by baking cookies from the CFN cookie kit and observing Black History month by reading books from the COAR presentation. Need ideas for Winter Break? We will be posting on Tinyhood creative activities to keep your family busy during break, and ways to incorporate "hygge" into your home to keep the winter doldrums away. Until then, enjoy the snow, keep cozy, and stay positive!

#### **ANNOUNCEMENTS:**

- **Updated Subgroups on Tinyhood:** We have renamed the age-based subgroups and edited the descriptions to make sign-up easier and reference simpler. Except for the Kindergarten 2019 and Kindergarten 2020 groups which will remain the same, the name of each subgroup is now that of a chosen animal, selected alphabetically, which will continue in the same format as new age-based subgroups are added each year. Feel free to join more than one subgroup, especially if you have a child born late summer. Use these more intimate groups to ask age-related questions and to set up casual playground meetups and stroller walks.

Please note, there is now a subgroup for newborns and expecting babies (born September 2020 – August 2021)! To join this subgroup and others, click on the links below or go to the Subgroup section on Tinyhood.

#### Age-Based Subgroups:

- [Angelfish: Children born September 2015 - August 2016](#)
  - [Butterflies: Children born September 2016 - August 2017](#)
  - [Chipmunks: Children born September 2017 - August 2018](#)
  - [Ducklings: Children born September 2019 - August 2020](#)
  - [Elephants: Children born September 2019 - August 2020](#)
  - [Flamingos: Children born September 2020 - August 2021](#)
- **Free CFN Memberships for Spouses/Partners:** CFN's yearly family membership allows both spouses/partners access to CFN's forum on Tinyhood. To join CFN as a spouse/partner, follow these simple steps: (1) set up an account at [www.tinyhood/cfn](http://www.tinyhood/cfn), (2) include your spouse/partner's name and email when prompted, and (3) select the free "Spouse/Partner Membership" option at the end. If you have any questions, please email Treasurers KC Camp ([katheryncamp@gmail.com](mailto:katheryncamp@gmail.com)) and Kira Beaulac ([kirthana829@gmail.com](mailto:kirthana829@gmail.com)).

## FEBRUARY EVENTS:

- **Feeling New Social – Thursday, February 4 at 7:45pm via Zoom.** Shannon Sweeney, CFN’s Welcoming Chair, is organizing this virtual social for members who are “feeling new” to Concord, to parenting, or to CFN. During this casual social hour, the group will chat about pandemic-safe activities to do in the Concord area this winter and spring, along with other questions folks may have. Feel free to email any topics or questions ahead of time to Shannon at [smsweeney07@gmail.com](mailto:smsweeney07@gmail.com). All members are welcome to join, even if you have attended a “feeling new” social in the past. This event will be capped at 10 participants, so please RSVP to this event in the Events section on Tinyhood.
- **CFN Board Meeting – Wednesday, February 10 at 7:30pm via Zoom.** All are welcome to join or call into this meeting. We will be discussing upcoming events and future planning. Please see the Events for Zoom info.
- **Valentine’s Cookie Kits – Pick up on Friday, February 12 & 13 outside Erin Piro’s House (35 Stacey Circle, West Concord).** Celebrate Valentine’s Day by baking and decorating heart sugar cookies with your children. CFN will simplify your prep work by offering a free Valentine’s Cookie Kit to 30 members. The boxed kits, assembled by **Essa’s Treats & Events** (Carlisle, MA; [www.essastreats.com](http://www.essastreats.com)), contain dry ingredients to bake 20 small cookies and decorate them with a sugar glaze and colorful holiday sprinkles. A heart cookie cutter and instructions are included. All you need is milk, butter, and flavor extract(s) of your choice. Dairy products may be substituted with the provided recipe. The cookies are egg-free but are not gluten-free. Supplies are limited so please RSVP to this event under the Events section in Tinyhood. Contactless pickup is available either Friday, February 12 from noon-6pm, or Saturday February 13 from 10am-2pm.
- **Virtual Moms’ Night: Galentine’s Wine and Cheese Social – Friday, February 12 at 8pm via Zoom.** Katherine Manning, CFN’s Moms’ Night Coordinator, is working with The Cheese Shop (29 Walden Street) to select a sampling of cheeses and a bottle of red wine for moms to enjoy during our Galentine’s celebration. Please see the Events section for pricing, pickup details and to RSVP for this virtual event! Reserve your spot ASAP, as it will be capped at 12 participants.
- **COAR Speaker Event: Using Children’s Books to Discuss Race and Diversity – Thursday, February 25 at 8pm via Zoom.** To celebrate Black History month, CFN is partnering with a new, local, parent-led organization called Communities Organizing Against Racism (COAR). COAR will share a variety of board books, picture books and children’s books for toddlers and preschoolers that foster inclusion, respectfulness, equality, courage, and kindness. For members who attend the Zoom, names will be drawn at the end to win some of these wonderful children’s books on race and diversity.
- **“Winter Staycation Funtivities”: Ideas to keep your family busy and happy during Winter and Vacation Week – coming soon via Tinyhood.** The CFN Board is compiling lists of fun and enjoyable activities that you can do during winter break and throughout winter, such as easy arts & crafts, educational games, imaginative play, outdoor places to explore, hygge with children and more. We will share our compilations before and during February break. Feel free to add your own ideas to the Tinyhood posts or tag CFN on Facebook and Instagram if you try any of these Winter Staycation Funtivities.

## THANK YOU:

- **Annie O'Malley** arranged the January Take and Make Art Activity (Snowman Water Bottles) and she also organized the sleep consultant speaker event on January 26 with **Jensine Casey** of Baby O and I Consulting. Thank you, Jensine, for your time and advice! If members have further questions about their children's sleep issues, feel free to reach out to Jensine via her website and book a free 15-minute consultation call: <https://www.babyoandiconsulting.com/>.
- **Attorney Ashley Dotchin** (Dotchin Law, Concord MA) spoke to our members on January 19 about estate planning, naming legal guardians and avoiding mistakes when setting up a will. Thank you, Ashley, for all the information and advice to consider. For members who have additional questions or who were not able to make this speaker event, Ashley offers a complimentary Family Wealth Planning Session. You may reach out to her at [adotchin@dotchinlaw.com](mailto:adotchin@dotchinlaw.com) or via her website ([www.dotchinlaw.com](http://www.dotchinlaw.com)) to schedule a session.
- **Erin Piro**, CFN Co-Chair, organized the Virtual Moms' Night: Tarot Reading with **Becca Speert** on January 23. The Zoom Moms' Night was both fun and interesting. Thank you, Becca, for your energy, insights, and illumination. Becca is a Mindset Coach and Psychic Tarot Card Reader in Lincoln, MA. For more information about her services, please see [www.beccaspeert.com](http://www.beccaspeert.com).
- **Sana Ghaard** volunteered to be the CFN Farm Trip Coordinator! Thank you, Sana. We can't wait 'til summer for strawberry and blueberry picking!

Have a great February!

Sheri Long and Erin Piro, Co-Chairs  
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